WEEK ONE

NORFOLK HOUSE SCHOOL

LUNCH MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<u>Sandwich Day</u>	<u>Italian</u>	<u>British</u>	<u>Pan Asian</u>	NHS Favourites
MAINS	Hot Pork & Stuffing Rolls Ham Sandwiches	Vegetable Pasta Bake	Chicken & Leek Pie	Lamb Curry	Pizzia Party with various toppings
V OPTION	Cheese Sandwiches		Quorn Chicken & Leek Pie	Chana Masala	
SIDES	Wrap Station / Spiced Carrot & Lentil Soup	Seasonal Vegetables	Seasonal Vegetables	White Rice	Sweetcorn & Beans
DESSERT	Citrus Cake Fresh Fruit Yoghurt	Apple Crumble & Custard Fresh Fruit Yoghurt	Rice Pudding & Compote Fresh Fruit Yoghurt	Pineapple Upside Down Cake Fresh Fruit Yoghurt	Bananas & Custard Fresh Fruit Yoghurt

COLD BUFFET & SALAD BAR AVAILABLE DAILY

WEEK TWO

NORFOLK HOUSE SCHOOL

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LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<u>Sandwich Day</u>	<u>Italian</u>	<u>British</u>	<u>Pan Asian</u>	NHS Favourites
MAINS	Ham	Spaghetti Bolognese	Jacket Potato Day	Paneer, Chickpea & Spinach Curry	Sausage & Mash
V OPTION	Cheese Sandwiches/ Egg & Cress Rolls	Vegetable Bolognese			Vegan Sausage & Mash
SIDES	Wrap Station Potato & Leek Soup		With Various Toppings	White Rice	With Gravy & Seasonal Veg
DESSERT	Raspberry Sponge Cake Fresh Fruit Yoghurt	Apple & Blackberry Crumble Fresh Fruit Yoghurt	Rice Pudding & Compote Fresh Fruit Yoghurt	Pear Yoghurt Cake Fresh Fruit Yoghurt	Plum Crumble & Custard Fresh Fruit Yoghurt

COLD BUFFET & SALAD BAR AVAILABLE DAILY

WEEK THREE

NORFOLK HOUSE SCHOOL

NH

LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<u>Sandwich Day</u>	<u>Italian</u>	<u>British</u>	<u>Pan Asian</u>	NHS Favourites
MAINS	Ham Sandwiches Turkey Rolls	Macaroni Cheese	Roast Dinner	Lamb Keema	Fish Fingers
V OPTION	Cheese Sandwiches			Vegan Keema	Fishless Fingers
SIDES	Wrap Station & Tomato Soup	Sweetcorn & Broccoli	With Mash & Seasonal Veg	With White Rice	Chips & Baked Beans
DESSERT	Chocolate Courgette Cake Fresh Fruit Yoghurt	Rhubarb Crumble & Custard Fresh Fruit Yoghurt	Cherry Shortbread & Custard Fresh Fruit Yoghurt	Raspberry & Coconut Sponge Granola Fresh Fruit Yoghurt	Peaches & Custard Fresh Fruit Yoghurt

COLD BUFFET & SALAD BAR AVAILABLE DAILY